

# Ten Topics in Rheumatology Madeira Lupus Clinic 2020 2 – 4 October 2020

## Ten Topics in Rheumatology | Madeira Lupus Clinic SAVOY - CALHETA

### CHAIR

GRAHAM HUGHES

### CO-CHAIRS

DAVID D'CRUZ  
JORGE MARTINS  
MUNTHER KHAMASHTA  
TERESA FARIA

### ORGANISING COMMITTEE

#### PRESIDENT

##### Jorge Martins

Internist  
Member of Graham Hughes International Charity for APS  
President of AMADC  
President of Madeira Lupus Clinic  
Vice President of Ten Topics in Rheumatology 2020

#### MEMBERS

##### Teresa Faria

Coordinator of Autoimmune Diseases Clinic - HCF  
Vice-President of Madeira Lupus Clinic  
Vice-President of Ten Topics in Rheumatology 2020  
Graduate Assistant of Internal Medicine - HCF

##### Graça Dias

Autoimmune Diseases Clinic - HCF  
Graduate Assistant of Internal Medicine

##### Adelaide Spínola

Autoimmune Diseases Clinic - HCF  
Assistant of Internal Medicine - HCF  
Masters en Enfermedades Autoimunes - Universitat de Barcelona

##### Carolina Barros

Autoimmune Diseases Clinic - HCF  
Resident of Internal Medicine - HCF  
Mestranda do Masters en Enfermedades Autoimunes - Universitat Barcelona

## SCIENTIFIC PROGRAMME

### ORGANIZATION

### AEGIS



Dear Colleagues,

The idea for a Ten Topics meeting in Madeira was born in the foyer of a hotel in Porto, during Yehuda Shoenfeld's international immunology meeting.

Jorge Martin and Teresa Faria, very old friends, floated a plan for a Ten Topics conference in Madeira and asked my opinion.

Jorge and Teresa have a long history, not only of treating patients with auto-immune diseases in the clinic of the Hospital of the Marmeleiros in Funchal, but also of organising and hosting the outstanding Madeira Lupus Clinic biennial.

Would a Ten Topics meeting fit? Most definitely. The Ten Topics meeting format is based on brevity (2 days), short presentations, on 'hot topics' and most of all, with world class speakers.

The meeting is now held regularly in London, Barcelona, Buenos Aires, Beirut, the Far East and Mumbai, with plans afoot for Ten Topics in Saudi Arabia, Dubai and Italy (Turin).

When we drew the map of current Ten Topics venues on a table napkin in that hotel foyer, the dots formed a (rough) circle. With a bit of imagination, Madeira formed a dot in the centre – hence "Ten Topics in Rheumatology from the Centre of the World 2020".

To Jorge and Teresa, my admiration and my best wishes for the success of this important educational venture.

**Graham Hughes**

## Madeira Lupus Clinic **ABSTRACT SUBMISSION**

**DEADLINE: AUGUST 31, 2020, 23:29**

**Send Abstract has an e-mail attachment to:  
[lupus@veranatura.pt](mailto:lupus@veranatura.pt)**

### **Abstract Preparation**

#### **The following information is required:**

Presenting author's contact details

Author and co-authors' details

Affiliation details:  
institution / hospital, department, city.

#### **ABSTRACT TITLE:**

Limited to **20 words in UPPER CASE**

#### **ABSTRACT TEXT:**

Limited to **250 words**

#### **ABSTRACTS SHOULD CLEARLY STATE:**

Objectives, Methods, Results & Conclusions

#### **ABSTRACT TOPIC:**

Exclusively on situations connected with  
Lupus Eritematoso Sistémico e Síndrome  
Antiofosfolípídico

Abstracts will only be accepted by online submission. E-mail address:

[lupus@veranatura.pt](mailto:lupus@veranatura.pt)

Presenting authors of abstracts must be registered participants.

Abstracts must be submitted in English and received by **August 31st**.

Abstracts received after the deadline will not be considered.

The Scientific Committee will determine whether the abstract will be accepted or not as poster presentation.

Notification to the author on **September 15**.

Poster Set Up & Display on:

- **October 2 at 11h00.**

Poster presentation on:

- **October 2 at 15h00.**

All posters should be prepared in advance and brought to the conference by the presenters. The conference organizers are NOT able to receive any posters by mail in advance, print or transport posters. There will NOT be facilities on-site for printing or composing posters.

## FRIDAY 2 OCT

14.30 – 15.00	<b>EXHIBITION &amp; REGISTRATION OPENS</b>	
15.00 – 15.50	<b>PATIENTS SESSION</b>	Special Guest: Graham Hugues President: Teresa Faria Moderator: Carlos Vasconcelos
15.00 – 15.10	Contraception and pregnancy	Carlos Dias
15.10 – 15.20	Mucosae ulcers	Jorge Crespo
15.20 – 15.30	Headaches	Nuno Riso
15.30 – 15.40	Patients and the disease	Carlos Ferreira
15.40 – 15.50	Why me, again?	Carlos Vasconcelos

## SATURDAY 3 OCT

08.30	<b>SYMPOSIUM   LUPUS</b>	
08.30 - 09.00	<b>Introduction</b> - Lupus the new epidemic	Graham Hughes
09.00 - 09.30	<b>Hot topic</b> - Lupus in biologic era	David Isenberg
09.30 - 10.00	<b>Clinical update</b> - Managing Lupus “flares”	David D’Cruz
10.00 - 10.30	Discussion   Moderators	António Marinho; José Delgado Alves
10.30 - 11.00	<b>Coffee Break</b>	
11.00	<b>SYMPOSIUM   HUGHES SYNDROME/APS</b>	
11.00 - 11.30	<b>Personal View</b> - APS: 40 years and counting	Munther Khamashta
11.30 - 12.00	<b>Hot Topic</b> - Catastrophic APS	Ricard Cervera
12.00 - 12.30	<b>Hot Topic</b> - A difficult problem	Nuno Riso
12.30 - 13.00	<b>Management of Pregnancy in Systemic Lupus Erythematosus and in Hughes Syndrome</b>	Natasha Jordan
13.00 - 13.30	Discussion   Moderators	António Marinho; José Delgado Alves
13.30 - 14.30	<b>Lunch</b>	
14.30	<b>SYMPOSIUM   VASCULITIS AND SCLERODERMA</b>	
14.30 - 15.00	<b>Clinical update</b> - Vasculitis Diagnosis and treatment	Loic Guillevin
15.00 - 15.20	<b>Hot Topic</b> - IgG4 Disease	David D’Cruz
15.20 - 15.40	<b>Hot Topic</b> - Scleroderma: anything new?	José Delgado Alves
15.40 - 16.00	<b>Clinical update</b> - ASIA	Yehuda Shoenfeld
16.00 - 16.30	<b>Coffee Break</b>	
16.30 - 17.15	<b>Nightmare in Madeira</b>	
17.15 - 18.00	<b>The First Portuguese Ten Topics Lecture</b> “Madeira in The Center of the World” Autonomy and Autoimmunity	Alberto João Jardim

## SUNDAY 4 OCT

08.30	<b>SYMPOSIUM   RHEUMATOID ARTHRITIS</b>	
08.30 - 09.00	<b>Clinical overview</b> - The rise and rise of RA	Chris Edwards
09.00 - 09.30	<b>Hot Topic</b>	António Marinho
09.30 - 10.00	<b>Biologics will make orthopaedics redundant</b>	Daniel Prietro Alhambra
10.00 - 10.30	<b>Hot Topic</b> - Tapering therapy	Chris Edwards
10.30 - 11.00	Discussion   Moderators	António Marinho; José Delgado Alves
11.00 - 11.30	<b>Coffee Break</b>	
11.30	<b>SYMPOSIUM   THE SPECTRUM OF RHEUMATOLOGY</b>	
11.30 - 12.00	<b>Osteoporosis</b> - Treatment in 2020	Cyrus Cooper (Visiting Professor)
12.00 - 12.30	<b>Hot Topic</b> - Gout	Fernando Salvador
12.30 - 13.00	<b>Clinical Update</b> - Myositis	Hector Chinoy
13.00 - 14.30	<b>Lunch</b>	
14.30	<b>SYMPOSIUM   A TOUR OF THE BODY - A “WHISTLE” STOP TOUR</b>	
14.30 - 14.50	<b>The Brain</b> - Vasculitis or thrombosis?	David D’Cruz
14.50 - 15.10	<b>The Kidney</b> - How much is ischaemia?	José Delgado Alves
15.10 - 15.30	<b>The Skin</b> - Psoriatic joints	Lèlita Santos
15.30 - 15.50	<b>The Gut</b> - Gut and joints, linked?	Graham Hughes
15.50 - 16.30	<b>Why we develop autoimmune diseases??</b>	Yehuda Shoenfeld

## REGISTRATION FORM

- REGISTRATION FEE SPECIALIST – 300,00€
- REGISTRATION FEE RESIDENT – 150,00€

### BANK TRANSFER:

Sociedade Portuguesa de Medicina Interna | Banco Millenium BCP IBAN: PT50 0033 000 000 000 446 297 08

Name: \_\_\_\_\_  
 Institution: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 Postal Code | City: \_\_\_\_\_  
 Mobile: \_\_\_\_\_ E-mail: \_\_\_\_\_

A copy of the bank transfer must be sent by e-mail to silviadasilva@veranatura.pt.  
 Clearly state the name of the delegate.

Name for the Receipt \_\_\_\_\_  
 VAT number \_\_\_\_\_  
 Signature \_\_\_\_\_

EXECUTIVE SECRETARIAT:  
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